

NO)

NO CUTS NO JO EXTENSIVE TRAVEL NO EXTENSIVE PRACTICE SCHEDULE NO LONG DAY TOURNAMENTS Coach Nero brings her experience & fun training to young & future Volleyball Athletes. She has a unique eye for future potential in athletes. Whether your daughter wants to play for fun or future competition, this is a great environment to continue or start their skills for the sport of Volleyball.

SPACE IS (YES)

8-10 Players on each team

YES TO MULTI SPORT ATHLETES

YES TO GREAT VOLLEYBALL SKILLS TRAINING

YES TO IMPROVEMENT AND DEVELOPMENT

YES TO CONDITIONING & NUTRITION INFO HANDOUTS

YES TO A GREAT COACHING STAFF

The Force Juniors Volleyball League is an alternative to Club Ball. Teams will be a pay to play, practice and compete in local tournaments with other teams and clubs.

Players will begin their sessions with complete skills training, game rules and age appropriate skills levels. A Fun learning and competitive environment.

Ursuline College - Pepper Pike Sundays 6:00pm - 8:00pm Force Sports - Eastlake Saturdays 8:00am - 10:00am Mandel School - Beachwood Saturdays 9:00am - 11:00am

* Friday Evenings could be added upon completion of teams and playing schedule.

WHAT'S INCLUDED?

- 14 Week Training.
- Scrimmage & tournament play scheduled mid session.
 - Group discounts available.

COST: \$475

Deposit: \$100 by Dec 10, 2019

Remaining installments: Jan 10, Feb 10, Mar 10, 2020

MANDATORY PARENT PLAYER MEETING

Saturday December 14, 2019 @ Force Sports Eastlake

Player evaluation for upcoming training, fittings, schedules and program specifics.

QUESTIONS?

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